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ABSTRACT

This reading list contains 140 books, reports, resource guides, conference proceedings, directories, and journals pertaining to adventure and outdoor education, adventure therapy, group work, developmental work, and at-risk youth. Most entries were published from 1984-94. Entries are listed in the following categories: adventure (general); outdoor and adventure safety; adventure activities and games; nature and environmental activities; urban adventure activities; expeditions; adventure therapy; processing and reviewing the adventure experience; groupwork and counseling; groupwork games; drama and role play; psychotherapy; young offenders (general); young people at risk (general); developmental work handbooks; staff training and support; experiential education; evaluation; research reports; conference reports; directories; and journals. (SV)

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A Reading List

Compiled by

JON BARRETT

Some of the titles listed above are out of print. For availability (and more extensive reading lists) try:

National Youth Agency Information Services, 17-23 Albion Street, Leicester, LE1 6GD. Tel: (0533) 471200.

*Titles marked with an asterisk * are available from:*

Adventure Education, 12 St Andrews Churchyard, Penrith, Cumbria, CA11 7YE. Tel: (0768) 891065

1/ Adventure

General:

Adventure Education - *Priest and Miles.*
Venture Publishing 1991*

Personal Growth Through Adventure - *Hopkins and Putnam.*
David Fulton Publishing 1993*

The Adventure Alternative - *Mortlock.*
Cicerone Press 1984*

Outdoor Adventure Pursuits - Foundations, Models and Theories - *Ewart.*
Publishing Horizons 1984*

Safety:

Outdoor Education Safety and Good Practice - Guidelines for Guidelines.
The Duke of Edinburgh's Award 1988*

Safety in Outdoor Education - *DES.*
HMSO 1988*

Safety in Outdoor Centres - *DFE.*
HMSO 1994*

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Safety Practices in Adventure Programming - *Priest and Dixon.*
Association for Experiential Education 1990*

The Conscious Use of Metaphor in Outward Bound - *Bacon.*
ERIC 1983

Adventure Activities and Games:

(See also Groupwork Games; Drama and Role-Play)

More Than Activities - *Greenaway.*
Save the Children Fund/Endeavour Scotland 1990*

Canoe Games - *Ruse.*
Black 1986*

Working Out of Doors with Young People - *Smith.*
ITRC 1987*

Cowtails and Cobras II - A Guide to Games, Initiatives, Ropes Courses and Adventure Curriculum - *Rohnke.* Project Adventure Inc 1989*

Silver Bullets - A Guide to Initiative Problems, Adventure Games and Trust Activities - *Rohnke.* Project Adventure Inc 1984*

The Bottomless Bag Again?! (2nd Edition) - *Rohnke.*
Project Adventure Inc 1994*

The Pictorial Guide to Groupwork Activities - *Sanders.*
Sanders 1991*

Wide Games, Incident Hikes and Indoor Alternatives - *Saint.*
Printforce

Environmental Activities:

Sharing Nature with Children - *Cornell.*
Exley Publications 1980

Sharing the Joy of Nature - *Cornell.*
Dawn Publications 1989

Nature with Children of all Ages - *Sisson.*
Prentice-Hall 1987

Acclimitization - *Van Matre.*
American Camping Association 1972

Earth Education: A New Beginning - *Van Matre.*
Institute for Earth Education 1990

Earthworks.
CEE Youth Unit 1991*

Urban Activities:

City Adventures - *Ruse*.
Paul Chapman Publishing 1989*

The Outdoor Challenge Within - *Wales*.
Outdoor Activities Association, Sunderland 1981

Expeditions:

The Expedition Experience - As a Vehicle for Change in the Inner-Cities - *Kennedy*.
Adventure Education 1992*

Expedition Guide - Official Handbook of the Basic Expedition Training Award - *Keay*.
The Duke of Edinburgh's Award 1987*

Expedition Planners' Handbook and Directory - *Winser and Winser*.
Expedition Advisory Centre, RGS 1988*

Adventure Therapy:

Islands of Healing - A Guide to Adventure Based Counselling - *Schoel, Prouty and Radcliffe*.
Project Adventure Inc 1988*

Adventure Therapy - Therapeutic Applications of Adventure Programming - *Gass*.
Kendall Hunt Publishing 1993*

Behaviour Modification in Therapeutic Recreation - *Dattilo and Murphy*.
Venture Publishing 1987

The Theory and Practice of Challenge Education - *Smith, Roland, Havens and Hoyt*.
Kendall Hunt 1992

Creating Humane Climates Out of Doors - *Knapp*.
ERIC 1988

Therapeutic Applications of Adventure Programming - *Sakofs*.
Association for Experiential Education 1992

Annotated Bibliography of Adventure Therapy and Related Programmes 1980-1992 - *Gillis*.
Association for Experiential Education 1992

Processing/Reviewing:

Playback - A Guide To Reviewing Activities - *Greenaway*.
The Duke of Edinburgh's Award/Endeavour Scotland 1993*

Creative Reviewing - *Hunt and Hitchen*.
Groundwork 1986

Processing the Adventure Experience - Theory and Practice - *Nadler and Luckner*.
Kendall Hunt 1992

2/ Groupwork and Counselling

General:

Basic Groupwork - *Douglas.*
Tavistock 1978

Groupwork Practice - *Douglas.*
Tavistock/Routledge 1976, 1989, 1991

Joining Together - Group Theory and Group Skills - *Johnson and Johnson.*
Allyn and Bacon 1975, 1982, 1987, 1991

Working with Groups (2nd Edition) - *Klein.*
Hutchinson 1963, 1970

The Red Book Of Groups and How To Lead Them Better - *Houston.*
Rochester Foundation 1984

Developmental Group Work with Adolescents - *Button.*
University of London Press 1974

The Groupwork Pack: A Groupwork Approach to Problem-Solving - *Kemp.*
Longman 1990

Groupwork and IT - *Ball and Sowa.*
APEX 1985

Group Counselling with Juvenile Delinquents - *Ferrara.*
Sage 1992

Counselling Young People - *Noonan.*
Tavistock/Routledge 1989, 1991

A Practical Approach to Counselling - *Hough.*
Pitman Publishing 1994

On Becoming a Counsellor: A Basic Guide for Non-Professional Counsellors - *Kennedy.*
Gill and MacMillan 1977

Brief Counselling - *Dryden and Feltham.*
Oxford University Press 1979, 1986

Counselling: The Skills of Problem-Solving - *Munro, Manthei and Small.*
Routledge 1989

Personal Construct Counselling In Action - *Fransella and Dalton.*
Sage 1990

Groupwork Games:

(See also Adventure Activities and Games; Drama and Role-Play)

Gamesters Handbook - *Brandes and Phillips.*
Hutchinson 1978*

Gamesters Handbook II - *Brandes.*
Hutchinson 1982*

The Youth Games Book - *Dearling and Armstrong.*
Russell House Publishing 1994*

The Co-operative Sports and Games Book - Challenge Without Competition - *Orlick.*
Writers and Publishers Co-operative Ltd 1978*

Creative Games in Groupwork - *Dynes.*
Winslow Press 1990*

The New Games Book - *Fluegelman.*
Doubleday/Dolphin 1974*

More New Games - *Fluegelman.*
Doubleday/Dolphin 1981

Playfair: Everybody's Guide to Non-Competitive Play - *Weinstein and Goodman.*
Impact 1980

Drama and Role-Play:

Creative Drama in Groupwork - *Jennings.*
Winslow Press 1986*

Introducing Role-Play - *Hunt.*
Groundwork 1989*

Role-Play - A Practical Guide - *Milroy.*
Aberdeen University Press*

Role-Playing: A Practical Manual for Group Facilitators - *Shaw.*
University Associates, Notts 1980

Look, Listen and Trust - *Rawlins and Rich.*
Thomas Nelson and Sons

Ideas That Work in Drama - *Theodorou.*
Stanley Thomas

Theatre Games for Young Performers - *Novelly.*
Meriwether

Dramatherapy - *Jennings.*
Croom Helm

Psychotherapy:

What Is Psychotherapy? - *Bloch.*
Oxford University Press 1982

An Introduction to the Psychotherapies - *Bloch.*
Oxford University Press 1986

Theory and Practice of Counselling and Psychotherapy - *Corey.*
Brookes/Cole 1982

Individual Therapy in Britain - *Dryden and Windy.*
Harper and Row 1984

On Becoming A Person - A Therapist's View of Psychotherapy - *Rogers.*
1961, Constable 1967

3/ Working With Young People In Trouble And Difficulty

Young Offenders - General:

Persistent Young Offenders - *Hagell and Newburn.*
Policy Studies Institute 1994

Growing Out of Crime - *Rutherford.*
Penguin 1986

Living Dangerously - *Graef.*
Harper Collins 1992

Psychology in Prisons - *Cooke, Baldwin and Howison.*
Routledge 1990

Out of Care - The Community Support of Juvenile Offenders - *Thorpe, Smith, Green and Paley.* George Allen and Unwin 1980

The Young Offender - *West.*
Penguin 1967, 1974

Young People At Risk - General:

Young People Under Pressure - *Skinner.*
National Youth Agency 1988

The Invisible Children: Children 'On The Game' ifn America, West Germany and Great Britain - *Sereny.* Pan 1986

Bullies and Victims in Schools - *Besag.*
Open University Press 1989

Girl Delinquents - *Campbell.*
Basil Blackwell 1981

Children Under Stress - *Wolff.*
Penguin 1976

Adolescent Disturbance and Breakdown - *Laufer.*
Penguin in a ssociation with MIND 1975

Developmental Work Handbooks:

(See also Adventure Activities and Games; Groupwork Games; Drama and Role-Play)

Working With Young People in Trouble - A Practical Manual - *Pickles.*
Scottish ITRC 1987

Offending Behaviour - Skills and Strategems for Going Straight - *McGuire and Priestley.*
Batsford 1985

Social Skills and Personal Problem-Solving - A Handbook of Methods - *Priestley, McGuire, Flegg, Helmsley, Welham.* Tavistock 1978

Working With Young Offenders - *Pitts.*
MacMillan 1990

Intensive IT With Juvenile Offenders - A Handbook on Assessment and Groupwork Practice (Offending Curriculum) - *Denham.* University of Lancaster 1982

Worth the Risk!? - *Ball, Eastwood, Davill and Holt.*
Save the Children Fund 1987

Face to Face - A Practitioner's Manual on Personal Development Work with Young People in Northern Ireland - *Duke, Kearney, Keenan, Nellis.* Save the Children Fund 1991

Targets For Change - Issue Focused One-To-One Work With Offenders - *Marshall and Weaver.* Nottinghamshire Probation Service 1991

Reasoning and Rehabilitation - A Handbook For Teaching Cognitive Skills - *Ross, Fabiano and Ross.* Ottowa University 1986, 1989

Fireworks - Creative Approaches to Conflict - *Fine and Macbeth.*
Youth Work Press 1992

Drug Education For Young Offenders.
Tacade 1994

Work With Boys - *Lloyd.*
Youth Work Press

Greater Expectations - A Source Book for Working with Girls and Young Women - *Slavin.* Learning Development Aids

Lifting the Limits - A Handbook for Women Working with Young Women At Risk or In Trouble - *Mountain.* Youth Work Press

Its No Game: Responding to the Needs of Young Women At Risk or Involved In Prostitution - *Green.* Youth Work Press

Carrying the Can: Working with Girls and Young Women on Alcohol Issues. Tacade 1994

4/ Staff Training and Support

Personal and Professional Development for Group Leaders - *Cherry and Robertson (with Meadows).* Scottish Health Education Group 1990

Face to Face - A Practitioners Manual on Personal Development Work with Young People in Northern Ireland - *Duke, Kearney, Keenan and Nellis.* Save the Children Fund 1991

Groupwork Skills - A Training Manual - *Fewell and Wolfe.* Health Education Board for Scotland 1991

Counselling Skills - A Training Manual - *Wolfe.* Health Education Board for Scotland 1989

Personal Problem Solving - A Training Manual - *Robinson and Robson.* Health Education Board for Scotland 1991

Playing with Fire - Training for the Creative Use of Conflict - *Fine and Macbeth.* Youth Work Press 1992

On Becoming A Counsellor; A Basic Guide For Non-Professional Counsellors - *Kennedy.* Gill and MacMillan 1977.

5/ Experiential Education

The Theory of Experiential Education - *Kraft and Sakofs.* Association for Experiential Education*

Experiential Learning - *Kolb.* Prentice Hall 1984

Ethical Issues in Experiential Education - *Hunt.* Association for Experiential Education 1986*

Development Training: Progress and Prospects - *Everard.* DTAG 1993

6/ Evaluation

Working Effectively - A Guide to Evaluation Techniques - *Feek.* Bedford Square Press (NCVO) 1987.

Measuring Change, Making Changes - An Approach to Evaluation - *Graessle and Kingsley*. London Community Health Resource 1986

Evaluation (2nd Edition) - *Lishman*.
Jessica Kingsley Publishers 1988

Handbook of Training Evaluation and Measurement Techniques.
Kogan Page

Recording and Reporting - *Rogers*.
Youth Clubs UK 1982

7/ Research Reports

In Search Of Adventure - *Hunt*.
Talbot Adair Press 1989*

Report on a Survey of Outdoor Activity Provision for Young People in Trouble or At Risk - *Barrett*. Basecamp 1993*

The Northland Wilderness Experience - A Report on an Experiential Programme for the Youth of Taitokerau - *O'Brien*. University of Auckland 1990

Sport as Prevention - The Role of Sport in Crime Prevention Programmes Aimed at Young People - *Robins*. Centre for Criminological Research, University of Oxford

Sport and Anti-Social Behaviour - *Coalter*.
The Scottish Sports Council

Adventure Experiences for Young People from Urban Areas: A Report by HMI - *HM Inspectorate*. DES 1991

Report by HM Inspectors on the Fairbridge Drake Society - *HM Inspectorate*.
DES 1989

Time to Think - A Cognitive Model of Delinquency Prevention and Offender Rehabilitation - *Ross and Fabiano*. Institute of Social Sciences and Arts Inc, USA 1985

8/ Conference Reports

Challenge Opportunities for Inner City Youth - CCY/NAOE Conference.
Adventure Education 1992*

Community-Based Sentencing - The Use of Outdoor Challenge.
Sports Council (NW Region) 1987

Proceedings of the First National Symposium on Outdoor Programmes for Offenders Adult Corrective Services, Australian Capital Territory - *Cianchi*. 1991

What Works: Effective Methods to Reduce Re-Offending - Conference Proceedings.
Greater Manchester and Hereford & Worcester Probation Services 1991

9/ Directories

Directory of Outdoor Activity Provision for Young People In Trouble or At Risk - *Barrett.* Adventure Education 1993*

Directory of Experiential Therapy and Adventure-Based Counselling Programmes - *Gerstein.* Association for Experiential Education 1993

The NYA Guide to Residential Centres.
Youth Work Press 1992

The Outdoor Source Book 1993/94.
Adventure Education 1993*

Directory of Trainers and Consultants in the Personal Social Services - *Dearling.*
Longmans 1991

10/ Journals

Adventure Education and Outdoor Leadership - quarterly.
Adventure Education, 12 St Andrews Churchyard, Penrith, Cumbria, CA11 7YE

Young People Now - monthly.
17-23 Albion Street, Leicester, LE1 6GD

Scottish Child - six issues a year.
130 St Stephen Street, Edinburgh, EH3 5AD

Youth & Policy - quarterly.
10 Lady Beatrice Terrace, New Herrington, Houghton-le-Spring,
Tyne and Wear, DH4 4NE

Journal of Experiential Education - quarterly.
AEE, 2885 Aurora Avenue #28, Boulder, Colorado 80303-2252, USA